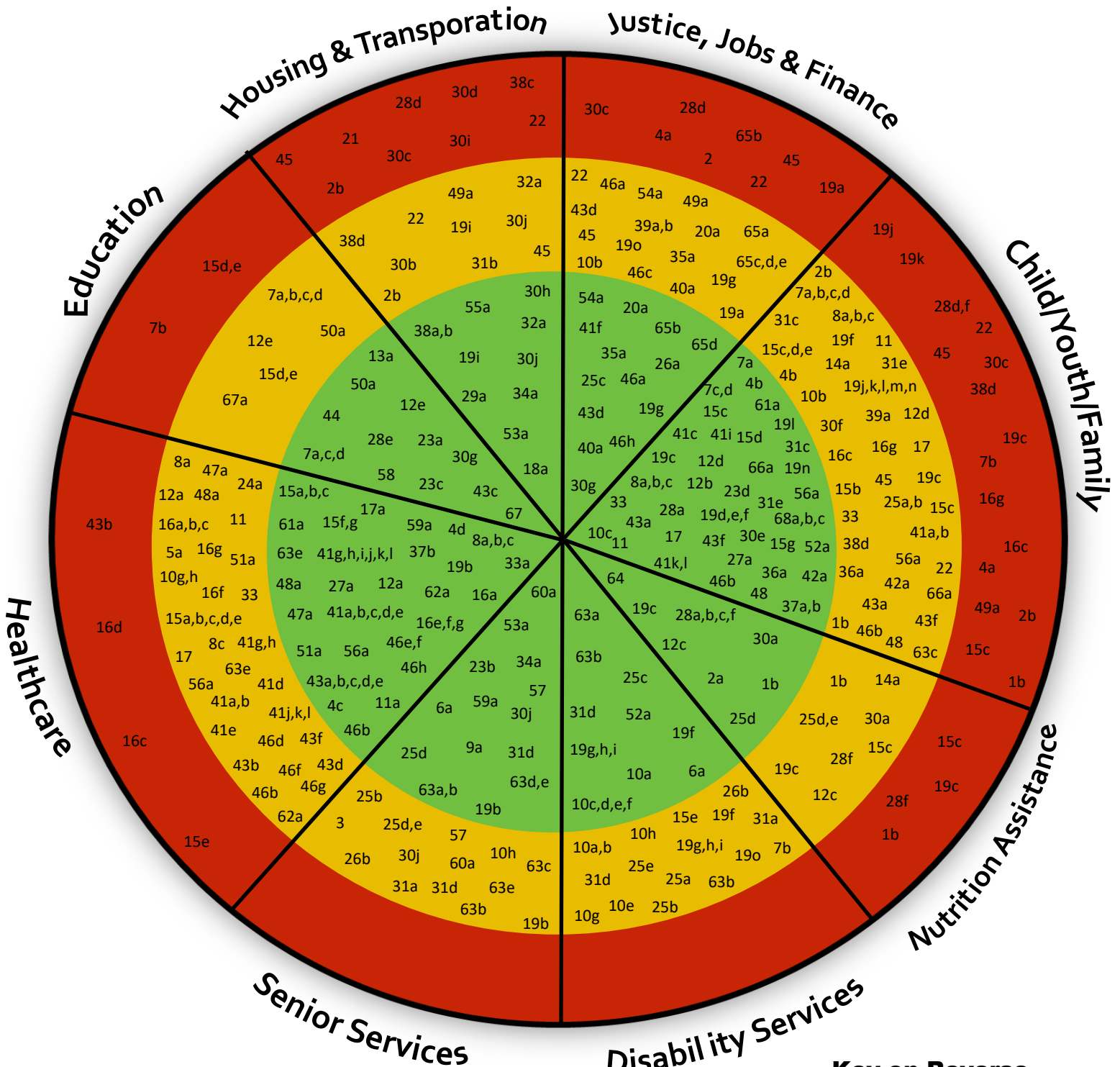


Kittitas County Community Resources Guide

Created in partnership with the Kittitas County Resilience & ACEs Task Force

This guide is only a snapshot of agency services provided. For a complete description of services as well as contact information, hours of operation, and specific requirements, please call 211 or refer to the 211 database at www.win211.org.



Key on Reverse

Many of the agencies listed are supporting efforts to reduce Adverse Childhood Experiences (ACEs) and build resilience in families and children in our community.

- Prevention/Promotion
- Intervention
- Crisis

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For questions or requests for inclusion please contact Chelsey Loeffers at cloeffers@pfp.org.
To download a copy go to: pfp.org

1. **211**
 - 1.a. Information and Referral Service
 - 1.b. Washington Basic Food Program*
2. **Allied People Offering Year-Round Outreach (APOYO)**
 - 2.a. Food Pantry*
 - 2.b. Clothing Bank*
3. **Alzheimer's Support Group**
4. **American Red Cross Serving Central and Southeast Washington**
 - 4.a. Disaster Relief Services
 - 4.b. Military Services**
 - 4.c. Safety Training
 - 4.d. Disaster Preparedness
5. **Barth Clinic**
 - 5.a. Outpatient Treatment Services
6. **Briarwood Common**
 - 6.a. Senior and Disabled Housing
7. **Bright Beginnings for Kittitas County**
 - 7.a. Head Start & Early Head Start Program*
 - 7.b. Early Intervention Program (Birth to Three/ESIT)*
 - 7.c. Ages & Stages Questionnaire*
 - 7.d. Early Childhood Education and Assistance Program (ECEAP)*
8. **Care Net Pregnancy Center of Kittitas County**
 - 8.a. Pregnancy Testing
 - 8.b. Pregnancy Options Information
 - 8.c. Abortion Recovery Support
9. **Catholic Family and Child Services of Yakima**
 - 9.a. Volunteer Chore Services-Elder Services
10. **Central Washington Disability Resources**
 - 10.a. Independent Living Skills Training
 - 10.b. Youth Transition Services
 - 10.c. Recreation and Swim Pass Program
 - 10.d. Information and Referral
 - 10.e. Resource Lending Library
 - 10.f. Peer Support/Mentoring
 - 10.g. Medical Equipment Lending Program
 - 10.h. Nursing Home Transitioning
11. **Central Washington Pediatric Dentistry**
12. **Central Washington University**
 - 12.a. Community Counseling and Psychological Assessment Center
 - 12.b. LIFT Foster Youth Support-Family Resource Center
 - 12.c. Ellensburg Community Kitchen
 - 12.d. Parenting Skills Education-Family Resource Center
 - 12.e. Community Health Worker Training
13. **Cle Elum, City of**
 - 13.a. Public Library
14. **Community Christmas Basket Committee**
 - 14.a. Community Christmas Baskets
15. **Community Health of Central Washington**
 - 15.a. Integrated Behavioral Health*
 - 15.b. Ellensburg Dental Care*
 - 15.c. Women, Infants, Children (WIC)*
 - 15.d. First Steps
 - 15.e. Children and Youth with Special Health Care Needs
 - 15.f. Washington Apple Health Insurance Assistance*
 - 15.g. Breastfeeding Education Classes*
16. **Comprehensive Healthcare**
 - 16.a. Adult Outpatient Mental Health Services
 - 16.b. Substance Use Disorder Treatment
 - 16.c. Aspen Victim Advocacy Services
 - 16.d. Crisis Services
 - 16.e. Community Education Programs
 - 16.f. Residential Mental Health Programs
 - 16.g. Child and Family Services
17. **Creekside Dental Clinic**
18. **Crestview Terrace**
 - 18.a. Low Income Housing
19. **Department of Social and Health Services**
 - 19.a. Financial Assistance*
 - 19.b. Medicare Savings Program*
 - 19.c. Washington Basic Food Program*
 - 19.d. Working Connections Child Care*
 - 19.e. Washington State ID Card Assistance*
 - 19.f. Developmental Disabilities Administration-ESIT*
 - 19.g. Developmental Disabilities Administration-EDPS*
 - 19.h. Developmental Disabilities Administration-IFSP*
 - 19.i. Developmental Disabilities Administration-RPS*
 - 19.j. Child Welfare Services*
 - 19.k. Child Protective Services*
- 19.l. Adoption*
- 19.m. Foster Care Services*
- 19.n. Family Reconciliation Services*
- 19.o. Vocational Rehabilitation*
20. **EITC/VITA Sites**
 - 20.a. Free Income Tax Preparation Assistance (seasonal)*
21. **Ellensburg Cold Weather Shelter (seasonal)**
22. **Ellensburg Community Clothing Center**
23. **Ellensburg, City of**
 - 23.a. Public Library
 - 23.b. Senior Center
 - 23.c. Online Money Management Classes
 - 23.d. Youth Center
24. **Ellie Lorenz Counseling and Consulting Services**
 - 24.a. Problem Gambling Treatment
25. **Elmview**
 - 25.a. Supportive Living Services and Training
 - 25.b. Respite Care
 - 25.c. Employment Services
 - 25.d. Senior Nutrition
 - 25.e. Meals on Wheels
26. **Entrust Community Services**
 - 26.a. Individual Supported Employment
 - 26.b. Transition Program
27. **Family Health Care of Ellensburg**
 - 27.a. Breastfeeding Education Classes*
28. **FISH**
 - 28.a. Fish Food Bank
 - 28.b. The Diner at FISH
 - 28.c. Bread Room
 - 28.d. Emergency Assistance Program
 - 28.e. Free School Supplies (seasonal)
 - 28.f. Free Summer Meals for Kids
29. **Hampton Court Apartments**
 - 29.a. Low Income Housing
30. **HopeSource**
 - 30.a. Cle Elum Food Bank
 - 30.b. Door to Door Transportation (Dial A Ride)
 - 30.c. Energy Assistance***
 - 30.d. Emergency Housing
 - 30.e. Youth Recreation Scholarships*
 - 30.f. Support Services for Veteran Families**
 - 30.g. HopeUniversity
 - 30.h. Central Transit**
 - 30.i. HEN Program (DSHS Liaison)**
 - 30.j. Senior Rent Program
31. **Hospice Friends**
 - 31.a. Equipment and Supplies
 - 31.b. Transportation
 - 31.c. Bereavement Support
 - 31.d. Volunteer Support
 - 31.e. Comfort Therapies
32. **Housing Authority of Kittitas County**
 - 32.a. Low Income Housing
33. **Howey Dental**
34. **Huntington Court Senior Apartments**
 - 34.a. Low Income Housing
35. **Kittitas County Chamber of Commerce**
 - 35.a. Ellensburg Economic Development
36. **Kittitas County Court Appointed Special Advocates**
 - 36.a. Advocates for Abused and Neglected Children
37. **Kittitas County Early Learning Coalition**
 - 37.a. Early Learning STEM Activities Events
 - 37.b. Developmental Screening
38. **Kittitas County Habitat for Humanity**
 - 38.a. Self-Built Homes
 - 38.b. New Home Construction and No Interest Loans for Low Income Families
 - 38.c. Critical Home Repair Loans for Low Income Home Owners
 - 38.d. Free Furniture for Families in Need
39. **Kittitas County Juvenile Court Services Department**
 - 39.a. Juvenile Probation*
 - 39.b. Juvenile Court Services*
40. **Kittitas County Misdemeanor Probation**
 - 40.a. Adult Probation*
41. **Kittitas County Public Health Department**
 - 41.a. STD Testing and Assistance*
 - 41.b. Immunizations*
 - 41.c. Birth and Death Certificates*
 - 41.d. Tuberculosis Testing*
 - 41.e. Travel Consultation*
 - 41.f. Food Handlers Card*
 - 41.g. Washington Apple Health Insurance Assistance*
- 41.h. Syringe Exchange Services*
- 41.i. Access to Baby and Child Dental (ABCD)*
- 41.j. Overdose Prevention/Naloxone Distribution and Training*
- 41.k. Kittitas County Breastfeeding Coalition*
- 41.l. Free Car Seats and Seat Safety Checks*
42. **Kittitas County Veterans Coalition**
 - 42.a. Veteran Services**
43. **Kittitas Valley Healthcare**
 - 43.a. Family Birthing Center
 - 43.b. Inpatient Hospital Service*
 - 43.c. Community Health Library*
 - 43.d. Patient Assistance Program for Prescription Costs*
 - 43.e. Diabetes Education*
 - 43.f. Urgent Breastfeeding/Baby Feeding Concerns*
44. **Kittitas Public Library**
45. **M6/28 Clothing Bank**
46. **Merit Resource Services**
 - 46.a. Employee Assistance Programs*
 - 46.b. Student Assistance Programs*
 - 46.c. Deferred Prosecution*
 - 46.d. Outpatient Treatment Program*
 - 46.e. Alcohol/Drug Information School*
 - 46.f. Relapse Prevention*
 - 46.g. DUI Assessments*
 - 46.h. Urine Alcohol/Drug Screening*
47. **Narcotics Anonymous, Central Washington Area**
 - 47.a. Drug Dependency Support
48. **Northwest Oral Health Outreach**
49. **Northwest Justice Project**
 - 49.a. Legal Aid***
50. **OIC of Washington**
 - 50.a. WIOA Youth Education & Employment Training
51. **Open Door Health Clinic**
 - 51.a. Free Health Clinic
52. **Parent to Parent**
 - 52.a. Support for Parents Raising Special Needs Children
53. **Pennsylvania Place Apartments**
 - 53.a. Low Income Disabled & Senior Housing
54. **People for People**
 - 54.a. Employment Training*
55. **Pine Terrace Apartment**
 - 55.a. Low Income Housing
56. **Planned Parenthood of Greater Washington and North Idaho**
 - 56.a. Family Planning Education and Resources*
57. **Putnam Centennial Senior Center-Upper County**
58. **Roslyn Public Library**
59. **RSVP and Volunteer Center of Kittitas County**
 - 59.a. SHIBA-Statewide Health Insurance Benefits Advisors
60. **Senior Life Resources NW**
 - 60.a. Home Care Services
61. **Sky Valley Midwifery**
 - 61.a. Breastfeeding Support & Birth Services
62. **Social Treatment Opportunity Programs (STOP)**
 - 62.a. Outpatient Treatment
63. **Southeast WA Aging and Long Term Care Council of Governments**
 - 63.a. Aging and Disability Resource Center (ADRC)
 - 63.b. Case Management
 - 63.c. Family Caregiver Support Services
 - 63.d. Home Care Referral Registry
 - 63.e. Medicare Counseling and Part D Enrollment
64. **Upper County Community Food Bank**
65. **WorkSource of Kittitas County**
 - 65.a. Employment & Training
 - 65.b. Unemployment Information*
 - 65.c. Job Corps
 - 65.d. Veterans Services**
 - 65.e. WorkFirst*
66. **WSU Kittitas County Extension**
 - 66.a. 4-H
67. **Yakima Valley Community College**
 - 67.a. Adult Basic Education
68. **Youth Services of Kittitas County**
 - 68.a. Mentor Program*
 - 68.b. Mt. Stuart Afterschool Homework Club*
 - 68.c. Last Saturday Free Swim Program*

*Spanish Spoken **Veteran Services